



# STUDIO TIMETABLE ACTON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>HIIT &amp; ABS</b> <b>09:45 - 10:15</b>	<b>TOTAL BODY RESET</b> <b>09:00 - 09:30</b>	<b>HIIT &amp; ABS</b> <b>09:00 - 09:30</b>	<b>TOTAL BODY RESET</b> <b>09:00 - 09:30</b>	<b>HIT &amp; ABS</b> <b>09:00 - 09:30</b>	<b>KISS-PUMP</b> <b>09:00 - 10:00</b>	<b>KISS-PUMP</b> <b>10:15 - 11:15</b>
<b>TOTAL BODY RESET</b> <b>10:30 - 11:00</b>	<b>HATHA YOGA</b> <b>10:00 - 11:00</b>	<b>EVERY MINUTE ON THE MINUTE</b> <b>10:30 - 11:00</b>	<b>HIIT &amp; ABS</b> <b>10:00 - 10:30</b>	<b>TOTAL BODY RESET</b> <b>11:00 - 11:30</b>	<b>SPINSANITY</b> <b>09:15 - 10:00</b>	<b>SPINSANITY</b> <b>11:30 - 12:15</b>
<b>JUST PEACHY (women only)</b> <b>18:00 - 19:00</b>	<b>LATIN BEATS</b> <b>13:00 - 13:30</b>	<b>LEGS BUMS &amp; TUMS</b> <b>18:00 - 19:00</b>	<b>LATIN BEATS</b> <b>13:00 - 13:30</b>	<b>TONE UP LEAN UP (women only)</b> <b>18:00 - 19:00</b>	<b>POWER YOGA</b> <b>10:00 - 11:00</b>	<b>BOOKING APP IPHONE</b> 
<b>SPINSANITY</b> <b>18:10 - 18:55</b>	<b>BOOTYCAMB (women only)</b> <b>18:00 - 19:00</b>	<b>ZUMBA</b> <b>19:00 - 20:00</b>	<b>CARDIO DANCE FIT</b> <b>18:00 - 19:00</b>	<b>GO BOXING (women only)</b> <b>19:00 - 20:00</b>	<b>KICK-IT</b> <b>11:00 - 12:00</b>	<b>BOOKING APP ANDROID</b> 
<b>HATHA YOGA</b> <b>19:00 - 20:00</b>	<b>YOGA</b> <b>19:00 - 20:00</b>	<b>KICK-IT</b> <b>20:00 - 21:00</b>	<b>SPINSANITY</b> <b>19:00 - 19:45</b>			
<b>ZUMBA</b> <b>20:00 - 21:00</b>	<b>SPINSANITY</b> <b>19:00 - 19:45</b>		<b>KISS-PUMP</b> <b>19:00 - 20:00</b>			
	<b>KISS-PUMP</b> <b>20:00 - 21:00</b>					