

STUDIO TIMETABLE Swindon



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				HIGH INTENSITY INTERVALS 09:30-10:00	NEW CLASS COMING SOON 10:30-11:15	
					LES MILLS BODYPUMP 11:30-12:15	BOXING 11:00-12:00
	Stretch & Tone 12:30 - 13:00		Bootcamp with Daniel 12:30 - 13:00		STRETCH & TONE 12:30 - 13:00	
KISS GYMS	KISS GYMS	KISS GYMS	KISS GYMS	KISS GYMS	KISS GYMS	KISS GYMS
ZUMBA 18:00 - 18:45	LES MILLS BODYBALANCE 18:00 - 18.45	POWERSTEP 18:00 - 18:45	LES MILLS BODYBALANCE 17:00 - 17:45	BOXING 17:45 - 18:45		
LES MILLS BODYCOMBAT 19:00 - 19:45	ZUMBA 19:00 - 19:45	LES MILLS BODYPUMP 19:00-19:45	ZUMBA 18:00 - 18:45	BOOTYLICIOUS 19:00 - 19:45		
SPIN with LAURA 19:00 - 19:30		SPIN with Annie 19:00 - 19:30	LES MILLS BODYPUMP 19:00-19:45			