STUDIO TIMETABLE ACTON

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HIIT & ABS 09:15 - 10:00	EVERY MINUTE ON THE MINUTE 10:15 - 11:00	HIIT & ABS 10:00 - 10:45	PILATES 9:30 - 10:30	KISS-PUMP 09:00 - 10:00	KISS-PUMP 10:15 - 11:15
HATHA YOGA 10:00 - 11:00	PILATES 17:00 - 18:00	LATIN BEATS 13:00 - 13:30	TOTAL BODY RESET 10:45 - 11:30	SPINSANITY 09:15 - 10:00	SPINSANITY 11:30 - 12:15
LATIN BEATS 13:00 - 13:30	LEGS BUMS & TUMS 18:00 - 19:00	STRONG BY ZUMBA 18:00 - 19:00	TONE UP LEAN UP 18:00 - 19:00	POWER YOGA 10:00 - 11:00	BOOKING APP IPHONE
BOOTYCAMP 18:00 - 19:00	ZUMBA 19:00 - 20:00	SPINSANITY 19:00 - 19:45	GO BOXING (women only) 19:00 - 20:00	KICK-IT 11:00 - 12:00	
YOGA 19:00 - 20:00	KICK-IT 20:00 - 21:00	KISS-PUMP 19:00 - 20:00			BOOKING APP ANDROID
SPINSANITY 19:00 - 19:45					
	HIIT & ABS 09:15 - 10:00 HATHA YOGA 10:00 - 11:00 LATIN BEATS 13:00 - 13:30 BOOTYCAMP 18:00 - 19:00 YOGA 19:00 - 20:00 SPINSANITY	HIIT & ABS 09:15 - 10:00 THE MINUTE 10:15 - 11:00 HATHA YOGA 10:00 - 11:00 T7:00 - 18:00 LATIN BEATS 13:00 - 13:30 LEGS BUMS & TUMS 18:00 - 19:00 BOOTYCAMP 2UMBA 19:00 - 20:00 YOGA KICK-IT 20:00 - 21:00 SPINSANITY 19:00 - 19:45	09:15 - 10:00 THE MINUTE 10:00 - 10:45 HATHA YOGA 10:00 - 11:00 PILATES 13:00 - 13:30 LATIN BEATS 13:00 - 13:30 LEGS BUMS & TUMS 18:00 - 19:00 BOOTYCAMP 18:00 - 19:00 ZUMBA 18:00 - 19:00 18:00 - 19:00 SPINSANITY 19:00 - 20:00 SPINSANITY 19:00 - 19:45 SPINSANITY 19:00 - 20:00	HIIT & ABS 09:15 - 10:00 THE MINUTE ON THE MINUTE 10:15 - 11:00 THE MINUTE 10:15 - 11:00 THE MINUTE 10:00 - 10:45 P:30 - 10:30 THE MINUTE 10:00 - 10:45 P:30 - 10:30 THE MINUTE 10:00 - 13:30 TOTAL BODY RESET 10:45 - 11:30 TOTAL BODY RESET 10:45 - 11	HIIT & ABS 09:15 - 10:00 THE MINUTE 10:00 - 10:45 10:00 - 10:45 9:30 - 10:30 9:00 - 10:00 10:15 - 11:00 PILATES 17:00 - 18:00 13:00 - 13:30 PILATES 17:00 - 18:00 PILATES 13:00 - 13:30 PILATES 18:00 - 19:00 PILATES 18:00 - 10:00 PILATES 18:00 PILATES 18:00 - 10:00 PILATES 18:00 PILATES 18